

# Spectrum



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Participants ride across Main Street on St. Clair during the Tweed Ride in November sponsored by Walk/Bike Frankfort and the Frankfort FolkBike ReCyclery.

## FolkBike ReCyclery receives grant

SPECIAL TO THE STATE JOURNAL

Frankfort's FolkBike ReCyclery recently received formal notification from the Kentucky Bicycle and Bikeway Commission approving its application for a Paula Nye Grant.

This grant is a memorial honoring the late Paula Nye, who served as Kentucky's statewide Bicycle Pedestrian Coordinator and is supported by sales of Share the Road license plates.

The FolkBike ReCyclery and its parent organization, Walk/Bike Frankfort, will use the \$18,000 award to fund its mobile bicycle edu-

cation programs.

The funds will be used to invest in professional instructor training from the League of American Bicyclists, an enclosed cargo trailer, a fleet of childrens' bikes, helmet giveaways and a series of public service announcements that will be produced by Cable 10 and aired on Frankfort Plant Board affiliate stations.

Starting this spring, the following accredited courses will be available to benefit the Frankfort community:

**Traffic Safety 101:** This adult course by the League

of American Bicyclists is designed to give the bicycle commuter the confidence and skills to safely and effectively co-exist with traffic on the streets. It includes both classroom training as well as outdoor "hands on" bicycle skills training.

**Safe Routes to School:** This course is geared towards kids and will be taught in conjunction with the school system and various youth groups and organizations. Bikes will be available for the hands-on skills training, as well as new helmets for those who need them.

**Mountain Biking 101:**

This innovative course will be held at Capitol View Park and will provide professional instruction from the Kentucky Mountain Bike Association teaching the basic skills and fundamentals of mountain biking.

"We're really excited about this opportunity to widen our educational outreach to the Frankfort and Franklin County community," said Brent Sweger, president of Walk/Bike Frankfort. "We want to thank the Kentucky Transportation Cabinet and the Bicycle and Bikeway Commission for their support."